



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Tröbs, Uwe

Club: Unterpörlitz
Number: 45

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 50:14

Speed: 10.75 km/h
Running performance: 5:24 min/km

Rank in course/Total: 172 (of 307)

Rank in course/Men: 147 (of 222)

Best time in course: 31:22

Rank in category: 22(of 37)

Best time in the category: 36:12