



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Köhler, Ljuba

Club: LSV LOK Arnstadt
Number: 111

Course: 9.30 km
Kurze Strecke

Category:
Frauen W50

Total time: 50:18

Speed: 10.74 km/h
Running performance: 5:25 min/km

Rank in course/Total: 173 (of 307)

Rank in course/Women: 26 (of 85)

Best time in course: 37:30

Rank in category: 3(of 13)

Best time in the category: 46:41