



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Prescher, Frank

Club: USV Erfurt
Number: 562

Course: 9.30 km
Kurze Strecke

Category:
Männer M35

Total time: 50:57

Speed: 10.60 km/h
Running performance: 5:29 min/km

Rank in course/Total: 186 (of 307)

Rank in course/Men: 158 (of 222)

Best time in course: 31:22

Rank in category: 11(of 19)

Best time in the category: 35:16