



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Herwig, Claudia

Club: SWV Goldlauter- Heidersbach
Number: 230

Course: 9.30 km
Kurze Strecke

Category:
Frauen W30

Total time: 51:03

Speed: 10.58 km/h
Running performance: 5:29 min/km

Rank in course/Total: 187 (of 307)

Rank in course/Women: 29 (of 85)

Best time in course: 37:30

Rank in category: 1(of 7)

Best time in the category: 51:03