



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Herzog, Susan

Club: Arnstadt-Espenfeld  
Number: 218

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W35

Total time: 51:04

Speed: 10.93 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 190 (of 307)

Rank in course/Women: 30 (of 85)

Best time in course: 37:30

Rank in category: 6(of 10)

Best time in the category: 42:11