



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Liston, Andrew

Club: TSV Krofdorf
Number: 666

Course: 9.30 km
Kurze Strecke

Category:
Männer M30

Total time: 31:22

Speed: 17.22 km/h
Running performance: 3:22 min/km

Rank in course/Total: 1 (of 307)

Rank in course/Men: 1 (of 222)

Best time in course: 31:22

Rank in category: 1(of 23)

Best time in the category: 31:22