



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt
Number: 75

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 36:43

Speed: 14.71 km/h
Running performance: 3:57 min/km

Rank in course/Total: 20 (of 307)

Rank in course/Men: 20 (of 222)

Best time in course: 31:22

Rank in category: 1(of 20)

Best time in the category: 36:43