



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Goetz, Helmut

Club: sc impuls erfurt  
Number: 15

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M70

Total time: 52:07

Speed: 10.36 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 208 (of 307)

Rank in course/Men: 170 (of 222)

Best time in course: 31:22

Rank in category: 7(of 8)

Best time in the category: 40:51