



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Krüger, Udo

Club: Wolfsberg
Number: 179

Course: 9.30 km
Kurze Strecke

Category:
Männer M40

Total time: 52:40

Speed: 10.25 km/h
Running performance: 5:40 min/km

Rank in course/Total: 216 (of 307)

Rank in course/Men: 176 (of 222)

Best time in course: 31:22

Rank in category: 19(of 23)

Best time in the category: 34:11