



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Posern, Matthias

Club: Ilmenau
Number: 263

Course: 9.30 km
Kurze Strecke

Category:
Männer M35

Total time: 52:55

Speed: 10.20 km/h
Running performance: 5:41 min/km

Rank in course/Total: 218 (of 307)

Rank in course/Men: 178 (of 222)

Best time in course: 31:22

Rank in category: 17(of 19)

Best time in the category: 35:16