



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Pelzel, Mario**

Club: VfL 28 Ellrich  
Number: 86

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 37:12

Speed: 14.52 km/h  
Running performance: 4:00 min/km

Rank in course/Total: 22 (of 307)

Rank in course/Men: 22 (of 222)

Best time in course: 31:22

Rank in category: 2(of 37)

Best time in the category: 36:12