



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Bauer, Sebastian

Club: solvimus

Number: 14

Course: 9.30 km

Kurze Strecke

Category:

Männer M30

Total time: 53:07

Speed: 10.17 km/h

Running performance: 5:43 min/km

Rank in course/Total: 220 (of 307)

Rank in course/Men: 179 (of 222)

Best time in course: 31:22

Rank in category: 22(of 23)

Best time in the category: 31:22