



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Berner, Roland**

Club: LG B. Frankenhausen/Göllingen  
Number: 287

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 53:11

Speed: 10.49 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 221 (of 307)

Rank in course/Men: 180 (of 222)

Best time in course: 31:22

Rank in category: 25(of 28)

Best time in the category: 34:52