



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Rauch, Gerd**

Club: SV 70 Tonndorf e.V.  
Number: 26

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 53:22

Speed: 10.12 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 224 (of 307)

Rank in course/Men: 183 (of 222)

Best time in course: 31:22

Rank in category: 14(of 20)

Best time in the category: 36:43