



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Poppner, Kathrin**

Club: WSV Ilmenau 1908  
Number: 47

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W40

Total time: 53:30

Speed: 10.09 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 230 (of 307)

Rank in course/Women: 44 (of 85)

Best time in course: 37:30

Rank in category: 10(of 18)

Best time in the category: 41:08