



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Liebe, Gert

Club: SV GW Schönstedt
Number: 299

Course: 9.30 km
Kurze Strecke

Category:
Männer M65

Total time: 53:31

Speed: 10.09 km/h
Running performance: 5:45 min/km

Rank in course/Total: 232 (of 307)

Rank in course/Men: 188 (of 222)

Best time in course: 31:22

Rank in category: 5(of 9)

Best time in the category: 45:41