



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Macholeth, Sylke

Club: Stützerbach
Number: 251

Course: 9.30 km
Kurze Strecke

Category:
Frauen W45

Total time: 53:55

Speed: 10.02 km/h
Running performance: 5:48 min/km

Rank in course/Total: 236 (of 307)

Rank in course/Women: 47 (of 85)

Best time in course: 37:30

Rank in category: 8(of 13)

Best time in the category: 42:12