



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Raab, Marina

Club: LSV Lok Arnstadt
Number: 112

Course: 9.30 km
Kurze Strecke

Category:
Frauen W50

Total time: 54:16

Speed: 9.95 km/h
Running performance: 5:50 min/km

Rank in course/Total: 240 (of 307)

Rank in course/Women: 50 (of 85)

Best time in course: 37:30

Rank in category: 5(of 13)

Best time in the category: 46:41