



8. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt

Number: 228

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 54:49

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 244 (of 307)

Rank in course/Men: 191 (of 222)

Best time in course: 31:22

Rank in category: 27(of 28)

Best time in the category: 34:52