



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Völker, Ekkehardt

Club: Arnstadt
Number: 554

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 56:07

Speed: 9.62 km/h
Running performance: 6:02 min/km

Rank in course/Total: 254 (of 307)

Rank in course/Men: 199 (of 222)

Best time in course: 31:22

Rank in category: 35(of 37)

Best time in the category: 36:12