



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Bock, Thomas

Club: Plaue
Number: 168

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 56:12

Speed: 9.93 km/h
Running performance: 6:02 min/km

Rank in course/Total: 255 (of 307)

Rank in course/Men: 200 (of 222)

Best time in course: 31:22

Rank in category: 16(of 20)

Best time in the category: 36:43