



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kreyer, Gunther

Club: Volkssport Nohra
Number: 283

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 58:13

Speed: 9.28 km/h
Running performance: 6:16 min/km

Rank in course/Total: 270 (of 307)

Rank in course/Men: 207 (of 222)

Best time in course: 31:22

Rank in category: 15(of 16)

Best time in the category: 36:32