



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Waschke, Silke

Club: Arnstadt  
Number: 38

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W40

Total time: 58:51

Speed: 9.18 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 275 (of 307)

Rank in course/Women: 67 (of 85)

Best time in course: 37:30

Rank in category: 15(of 18)

Best time in the category: 41:08