



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hinze, Ines

Club: Ostbevern
Number: 178

Course: 9.30 km
Kurze Strecke

Category:
Frauen W40

Total time: 59:22

Speed: 9.10 km/h
Running performance: 6:23 min/km

Rank in course/Total: 282 (of 307)

Rank in course/Women: 73 (of 85)

Best time in course: 37:30

Rank in category: 17(of 18)

Best time in the category: 41:08