



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Siegmund, Carmen

Club: Unterpörlitz
Number: 185

Course: 9.30 km
Kurze Strecke

Category:
Frauen W50

Total time: 59:53

Speed: 9.02 km/h
Running performance: 6:26 min/km

Rank in course/Total: 286 (of 307)

Rank in course/Women: 75 (of 85)

Best time in course: 37:30

Rank in category: 11(of 13)

Best time in the category: 46:41