



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Heinlein, Simone

Club: Saalfeld
Number: 175

Course: 9.30 km
Kurze Strecke

Category:
Frauen W45

Total time: 1:00:54

Speed: 8.87 km/h
Running performance: 6:33 min/km

Rank in course/Total: 290 (of 307)

Rank in course/Women: 78 (of 85)

Best time in course: 37:30

Rank in category: 13(of 13)

Best time in the category: 42:12