



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Heise, Reiner

Club: sc-impuls-erfurt
Number: 153

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 1:01:09

Speed: 8.83 km/h
Running performance: 6:35 min/km

Rank in course/Total: 291 (of 307)

Rank in course/Men: 213 (of 222)

Best time in course: 31:22

Rank in category: 16(of 16)

Best time in the category: 36:32