



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Stephan, Wolfhard

Club: LG Frauenwald  
Number: 264

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 1:01:52

Speed: 8.73 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 292 (of 307)

Rank in course/Men: 214 (of 222)

Best time in course: 31:22

Rank in category: 19(of 20)

Best time in the category: 36:43