



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Sorg, Volker

Club: LG Frauenwald
Number: 265

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 1:02:37

Speed: 8.62 km/h
Running performance: 6:44 min/km

Rank in course/Total: 293 (of 307)

Rank in course/Men: 215 (of 222)

Best time in course: 31:22

Rank in category: 20(of 20)

Best time in the category: 36:43