



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Krämer, Theodor

Club: SV Rammsthal  
Number: 237

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M75

Total time: 1:04:10

Speed: 8.42 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 295 (of 307)

Rank in course/Men: 216 (of 222)

Best time in course: 31:22

Rank in category: 2(of 3)

Best time in the category: 54:14