



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Frießleben, Robert

Club: Dresden  
Number: 236

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M35

Total time: 1:04:13

Speed: 8.41 km/h  
Running performance: 6:55 min/km

Rank in course/Total: 296 (of 307)

Rank in course/Men: 217 (of 222)

Best time in course: 31:22

Rank in category: 18(of 19)

Best time in the category: 35:16