



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Rosenbaum, Sebastian

Club: SV 1899 Mühlhausen  
Number: 84

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M20

Total time: 33:49

Speed: 15.97 km/h  
Running performance: 3:38 min/km

Rank in course/Total: 3 (of 307)

Rank in course/Men: 3 (of 222)

Best time in course: 31:22

Rank in category: 1(of 23)

Best time in the category: 33:49