



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Steinke, Gudrun

Club: Saalfelder LV  
Number: 24

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W75

Total time: 1:06:51

Speed: 8.08 km/h  
Running performance: 7:11 min/km

Rank in course/Total: 300 (of 307)

Rank in course/Women: 81 (of 85)

Best time in course: 37:30

Rank in category: 1(of 1)

Best time in the category: 1:06:51