



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Ellrich, Meinhard

Club: SWV Goldlauter- Heidersbach  
Number: 1031

Course: 9.30 km  
10 km Nordic Walking

Total time: 1:06:43

Speed: 8.09 km/h

metres in height up: 158  
Course score: 11.37

performance score: 98 Points