



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Enders, Michael

Club: TV Dresden Spitzen Team
Number: 453

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:10:23

Speed: 15.34 km/h
Running performance: 3:48 min/km

Rank in course/Total: 5 (of 157)

Rank in course/Men: 5 (of 136)

Best time in course: 1:00:28

Rank in category: 4(of 18)

Best time in the category: 1:00:28