



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kästner, Günther

Club: LTV Erfurt

Number: 1021

Course: 9.30 km

10 km Nordic Walking

Total time: 1:07:05

Speed: 8.05 km/h

metres in height up: 158

Course score: 11.37

performance score: 97 Points