



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Kopp, Matthias**

Club: Jena

Number: 369

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:14:54

Speed: 14.82 km/h

Running performance: 4:03 min/km

Rank in course/Total: 12 (of 157)

Rank in course/Men: 12 (of 136)

Best time in course: 1:00:28

Rank in category: 3(of 17)

Best time in the category: 1:10:34