



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hönig, Sascha

Club: SV TU Ilmenau
Number: 406

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:19:10

Speed: 13.64 km/h
Running performance: 4:17 min/km

Rank in course/Total: 20 (of 157)

Rank in course/Men: 20 (of 136)

Best time in course: 1:00:28

Rank in category: 8(of 18)

Best time in the category: 1:00:28