



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Abert, Sven

Club: München  
Number: 1029

Course: 9.30 km  
10 km Nordic Walking

Total time: 1:16:35

Speed: 7.05 km/h

metres in height up: 158  
Course score: 11.37

performance score: 85 Points