



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Stärker, Stefan**

Club: LG Frauenwald  
Number: 361

Course: 18.50 km  
Lange Strecke

Category:  
Männer M20

Total time: 1:20:07

Speed: 13.85 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 23 (of 157)

Rank in course/Men: 23 (of 136)

Best time in course: 1:00:28

Rank in category: 9(of 18)

Best time in the category: 1:00:28