



## 8. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 23.04.2011

### Detailed evaluation

**Zöppig, Manuela**

Club: Langewiesen

Number: 1026

Course: 9.30 km

10 km Nordic Walking

Total time: 1:16:36

Speed: 7.05 km/h

metres in height up: 158

Course score: 11.37

performance score: 85 Points