



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kohl, Veit

Club: PFC Ilmenau e.V.90

Number: 359

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:20:22

Speed: 13.44 km/h

Running performance: 4:20 min/km

Rank in course/Total: 25 (of 157)

Rank in course/Men: 25 (of 136)

Best time in course: 1:00:28

Rank in category: 6(of 22)

Best time in the category: 1:15:32