



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hartung, Christoph

Club: Dresden  
Number: 233

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M30

Total time: 38:42

Speed: 13.95 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 36 (of 307)

Rank in course/Men: 34 (of 222)

Best time in course: 31:22

Rank in category: 7(of 23)

Best time in the category: 31:22