



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Schadwinkel, Andy

Club: GMRV Langewiesen  
Number: 353

Course: 18.50 km  
Lange Strecke

Category:  
Männer M35

Total time: 1:22:27

Speed: 13.10 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 34 (of 157)

Rank in course/Men: 34 (of 136)

Best time in course: 1:00:28

Rank in category: 6(of 17)

Best time in the category: 1:10:34