



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Fritschka, Sabine

Club: Turn-und Sportverein Heida  
Number: 1017

Course: 9.30 km  
10 km Nordic Walking

Total time: 1:23:10

Speed: 6.49 km/h

metres in height up: 158  
Course score: 11.37

performance score: 78 Points