



## 8. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 23.04.2011

### Detailed evaluation

**Fritschka, Sabine**

Club: Turn-und Sportverein Heida

Number: 1017

Course: 9.30 km

10 km Nordic Walking

Total time: 1:23:10

Speed: 6.71 km/h

metres in height up: 158

Course score: 11.37

performance score: 78 Points