



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Ungelenk, Bernd

Club: Wandersleben
Number: 449

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:26:41

Speed: 12.46 km/h
Running performance: 4:41 min/km

Rank in course/Total: 53 (of 157)

Rank in course/Men: 52 (of 136)

Best time in course: 1:00:28

Rank in category: 3(of 15)

Best time in the category: 1:21:27