



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Ziemke, Claudia

Club: Dream-Team-Ilmenau
Number: 419

Course: 18.50 km
Lange Strecke

Category:
Frauen W45

Total time: 1:27:24

Speed: 12.36 km/h
Running performance: 4:43 min/km

Rank in course/Total: 56 (of 157)

Rank in course/Women: 2 (of 21)

Best time in course: 1:26:39

Rank in category: 2(of 8)

Best time in the category: 1:26:39