



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kuhn, Jens

Club: Rennsteiglaufverein
Number: 329

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:27:55

Speed: 12.28 km/h
Running performance: 4:45 min/km

Rank in course/Total: 59 (of 157)

Rank in course/Men: 57 (of 136)

Best time in course: 1:00:28

Rank in category: 5(of 15)

Best time in the category: 1:21:27