



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kadlec, Sven

Club: Reinach
Number: 421

Course: 18.50 km
Lange Strecke

Category:
Männer M40

Total time: 1:28:14

Speed: 12.24 km/h
Running performance: 4:46 min/km

Rank in course/Total: 60 (of 157)

Rank in course/Men: 58 (of 136)

Best time in course: 1:00:28

Rank in category: 11(of 22)

Best time in the category: 1:15:32