



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Lipfert, Robby

Club: Ilmenau  
Number: 307

Course: 18.50 km  
Lange Strecke

Category:  
Männer M45

Total time: 1:29:08

Speed: 12.12 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 62 (of 157)

Rank in course/Men: 60 (of 136)

Best time in course: 1:00:28

Rank in category: 12(of 27)

Best time in the category: 1:07:33